

How to help

The areas we can help with, depending on your wish and budget, as well as the birth mother's interests and needs, are: Communication, Education, Nutrition and Health. Any help you provide will have a great impact on the self esteem, opportunities and overall quality of life of the whole family. Our job consists of:



- COMMUNICATION -

We facilitate the exchange of letters and photos and feedback.

- EDUCATION -

- Private school - We personally enroll the children and pay for the entire school year.

- Public school - We buy and deliver school supplies according to the child's grade, and two certificates for two pairs of shoes: One pair for the daily uniform and one pair for the P.E. uniform.



- NUTRITION-

- We buy, pack and send grocery boxes monthly, every other month or quarterly (as well as Christmas baskets). The boxes include rice, beans, sugar, powdered milk, coffee, soups, cookies, pasta, ketchup, oatmeal, cooking oil, corn flour, cereal, butter, soap, detergent, and other products. The contents of the boxes were designed by a nutritionist and fulfill 58% of the protein and caloric daily needs.

- HEALTH-

- We take birth families to any type of physician or health service in Antigua for consultations and lab tests, and we purchase the medicine prescribed. If the birth mother cannot come to our location, we would require from her the name, address and phone number of her doctor in Guatemala City or elsewhere to pay the consultation directly to him. If the latter was the case, we can buy the medicines prescribed and send them to her as well. We scan and email receipts for all expenditures to adoptive families.

- We deliver and install ecological stoves and water filters anywhere in Guatemala.



We have two different types of fees - annually or by service. If you plan to have frequent contact and/or help the birth family, we suggest you pay the annual fee. If you plan to have sporadic contact, we suggest paying by service.